

RISTORANTI GĦAWDXIN

Riċerka ta' Dun Anton Sultana u Francesco Pio Attard

Din il-lista ma tinkludix pizzeriji, snack-bars, kjosks jew stabbilimenti tal-fast food. Thallew barra ukoll ir-ristoranti marbuta ma' lukandi jew guest-houses, anke jekk open to non-residents, kif ukoll xi ristoranti ohra magħluqa temporanjament, jew li rrifjutaw li jidhru f'din il-lista agġornata f'Lulju 2001. Ir-riċerkaturi għamlu kull ma kien possibli biex dan it-tagħrif ikun komplet u korrett; madanakollu jiskuzaw rwiehhom jekk bi svista thalliet xi informazzjoni barra, inkella għal xi ineżattezzi f'din il-lista.
Nirringrazzjaw lir-ristoranti mscemmija tal-koprazzjoni tagħhom.

Isem ir-Ristorant u l-Propjetarju	Lokalita` u Nru. tat-Telefon jew Mowbajl	Platt Favorit
1 Anthony's Restaurant Charles Mercieca u Mario Portelli	Nadur 56 53 69 / 0944 2218 0942 4417	Fenek
2 Argentinian Steak House Charlie Cordina	Marsalforn 55 46 46	Fillet Steak
3 Brookies Restaurant David u Paul Portelli	Victoria 56 37 33 / 55 95 24 0947 6433	Papra
4 Cafe' Del Corso Restaurant Grace Mizzi	Victoria 55 80 48	Pasta (<i>Penne del Corso al Salmone</i>)
5 California Restaurant Martin Xuereb	Victoria 55 62 34 / 55 60 53	Fenek
6 Chez Amand Bistro & Restaurant Amand P. Veranneman	Qbajjar 56 11 88 / 55 51 79 0949 2970	Fresh Canellonis "Thermidor"
7 Churchill Restaurant Rose Cordina	Xlendi 55 56 14	Hut Frisk
8 Da Atzori Restaurant Carlo Atzori	Għajnsielem 56 51 77	Pasta
9 Da Manuel Restaurant Manuel Buttigieg	Xlendi 56 10 22	Pasta
10 D-Bar Cafe` Restaurant Twanny Buttigieg	Qala 55 62 42 / 7942 7014	Barbeque Spare Ribs
11 Dragon Restaurant John Portelli	Marsalforn 56 20 00 / 09	Chinese Food
12 Four Seasons Main Square Restaurant Doris Grech	Victoria 55 61 39	Hut Lokali (<i>Lobster</i>)
13 Gelmus Restaurant Adrian u Kate Sammut	Victoria 55 80 47	Hut (Mediterranju)
14 Gesther Restaurant Gemma u Esther Said	Xaghra 55 66 21	Fenek
15 Ic-Cima Restaurant Anthony Spiteri u J. Camilleri	Xlendi 55 84 07	Klamari (<i>Shallow Fried</i>)

16	<i>Il Forno da Montanaro Restaurant</i> Winston Montanaro Gauci	Marsalforn 56 51 40	Ikel Malti u Taljan
17	<i>Il-Girna Restaurant</i> Maria u Teddy Ellis	Ta' Sannat 56 51 00	<i>Mixed Shellfish</i>
18	<i>Il-Kaptan & Marlene D Restaurants</i> Teddy u Diane Spiteri	Marsalforn 55 79 54	<i>Pasta</i>
19	<i>Il-Kartell Restaurant</i> Philip Spiteri	Marsalforn 55 69 18 / 7900 1965	Hut Frisk
20	<i>Il-Kċina tal-Barrakka Restaurant</i> Sammy Grech	Mġarr 55 65 43	Hut Frisk
21	<i>Il-Kenur Restaurant</i> Martin Portelli	Xlendi 55 15 83 / 0988 5482	Hut (<i>Pistin</i>)
22	<i>Il-Maxtura Restaurant</i> Reno Gauci	Marsalforn 55 76 17 / 56 17 62	<i>Pasta</i>
23	<i>Il-Mina Restaurant</i> Anton Cassar	Victoria 56 48 20	Fenek
24	<i>Il-Misraħ Restaurant</i> Frankie Refalo	Xaghra 56 49 42 / 55 16 75	Fenek / Tigieġa
25	<i>Il-Panzier Restaurant</i> Valentino Valenti	Victoria 55 99 79	<i>Pasta Al Panzier</i>
26	<i>Il-Plajja Restaurant</i> Joe Azzopardi	Marsalforn 56 34 25 / 56 34 26	<i>Pasta</i>
27	<i>Il Terrazzo Restaurant</i> Joseph Mercieca	Xlendi 56 29 92 / 55 65 94 0944 6833	Hut Frisk
28	<i>It-Tmun Restaurant</i> Jane u Leli Buttigieg	Xlendi 55 15 71 / 0949 6832	Hut Frisk
29	<i>Jeffrey's Restaurant</i> Joe Sultana	Għarb 56 10 06 / 0949 6230	<i>Rabbit in Wine and Garlic</i>
30	<i>Laguna Restaurant</i> Noel Mercieca	Xlendi 55 93 72	Hut Frisk
31	<i>L-Ankra Restaurant</i> Manuel Sultana	Mġarr 55 56 56	Hut Frisk
32	<i>Le Val d'Or Restaurant</i> Saviour Muscat	Xlendi 55 87 28 / 55 45 65	<i>Spaghetti Seafood</i>
33	<i>L-Iskoll Restaurant</i> Teddy Cremona	Ta' Sannat 55 75 68 / 55 45 73	Hut Frisk
34	<i>Manoel's Restaurant</i> Noel Scerri	Mġarr 56 35 88	<i>Crab Ramekin</i>
35	<i>Mao Xi Chinese Restaurant</i> Franco Tabone	Victoria 56 18 20	<i>Sweet Sour Pork</i>
36	<i>Martin's Diner</i> Martin Xuereb	Nadur 55 89 74 / 55 60 53	Fenek
37	<i>Mistees Restaurant</i> Lorry Zammit	Xewkija 56 56 59	Laham

38	Moby Dick Restaurants Bonnici Brothers	Xlendi 56 15 18	Ikel Malti u Ċiniz
39	Neptune's Restaurant Ġoġ Schembri	Marsalforn 56 16 65 / 55 46 61 55 41 88	Hut Frisk
40	Odyssey Restaurant George Sacco	Marsalforn 55 67 28 / 55 10 02	<i>Mixed Grill of Fresh Fish</i>
41	Oleander Restaurant Daniel Magrin	Xaghra 55 72 30 / 0945 9142	Fenek
42	Otters Bistro & Restaurant Alexander Scicluna	Marsalforn 56 24 73	<i>Spaghetti con Frutto di Mare</i>
43	Palazzo Margherita Lawrence Borg	Ta' Sannat 55 57 37 / 55 78 98	<i>Chicken Breast</i>
44	Paradise Restaurant Michael u Carmen Mercieca	Xlendi 55 68 78	Hut Frisk (Gambli)
45	Parklin Restaurant Alan Tabone	Mġarr 56 19 67 / 0947 0419	Hut Frisk
46	Pebbles Restaurant John Azzopardi	Marsalforn 55 61 51	<i>Pasta</i>
47	Pulena Restaurant Maria Cardona	Marsalforn 55 97 77	<i>Ravioli di Ricotta al Forno</i>
48	Qbajjar Restaurant Frank Mangion	Qbajjar 55 11 24	Hut Frisk
49	Red Rose Restaurant Anthony Sultana	Victoria 55 77 44 / 0946 4307	Tigieġa
50	Rexy Restaurant Joe Galea	Għajnsielem 56 08 73 / 0942 3581	<i>Mixed Fish</i>
51	Ristorante Arzella Domenic Grech	Marsalforn 55 46 62 / 55 19 92 0944 0053	<i>Seafood Platter</i>
52	Rose's Restaurant Rose Buttigieg	Nadur 56 48 90	Hut Frisk
53	Salvina Restaurant Joseph Rapa	Għarb 55 25 05 / 0942 1510	Hut Frisk
54	Seaview Seafood Restaurant Peter Camilleri	Mġarr 55 39 85	Hut Frisk
55	Simply Blues Restaurant Walter Theuma	Marsalforn 55 91 50 / 0986 4626	Hut Frisk
56	Smiley's Restaurant Ġoġ Grech	Marsalforn 55 30 96	Hut Frisk
57	Smuggler's Cave Restaurant Ċensu Attard	Marsalforn 55 10 05	Braġġoli
58	Stone Crab Restaurant Joseph Attard	Xlendi 55 64 00 / 0947 7207	Hut Frisk
59	Sunshine Restaurant Tony Vella	Xlendi 55 44 58 / 56 01 67 0987 7666	Fenek

60	Ta' Frenç Restaurant Mario Schembri	Marsalforn 55 38 88 / 55 08 08 0946 0696	<i>Cannelloni bil-laham u l-ispinaçi</i>
61	Tamarisk Restaurant John Said	Victoria 55 13 82	Hut Frisk
62	Tartufo Restaurant Joe Cauchi	Ghajnsielem 56 55 22 / 56 55 33	Hut Frisk
63	Tom's Tuck Inn Restaurant Mary Hili	Marsalforn 56 36 35	<i>Mixed Grill</i>
64	Tritons Restaurant Louis Farrugia	Marsalforn 55 61 52	<i>Chinese Food</i>
65	Universal Sports Restaurant Jeffrey Farrugia	Xewkija 55 04 74	<i>Fillet</i>
66	Valley View Restaurant Joe Formosa	Xlendi 56 02 83 / 55 75 51	Laham
67	Village Inn Restaurant Joe Borg	Xlendi 55 81 81	<i>Steak Santa Lucia</i>
68	Vinyard Restaurant Anthony Said	Victoria 55 99 76 / 55 69 66 7970 3351	<i>Buffet</i>
69	Xerri l-Bukkett Restaurant Joseph Xerri	Qala 55 35 00 / 0949 0679 0945 0478	Fenek
70	Xi Xi Chinese Restaurant Gracie u Tarcisio Rapa	Xaghra 55 05 55	<i>Chicken in Bird's Nest</i>

Kummentarju

Issa li s-sajf diġa` dahal fit-tieni nofs tiegħu, hafna huma dawk li jhobbu jgawdu z-ziffa friska tal-lejliet sajjija ma' ikla tajba f'xi ristoranti ghawdxi. Jekk hawn min haseb li f'din il-gżira çejkna ma ghandniex ristoranti differenti fejn wiehed jista' jiekol tajjeb, dan qed jitqarraq. Imma mhux l-ewwel darba li ssib diffikulta` tiddeçiedi fejn taqbad tmur, mhux ghax in-numru huwa zghir imma ghaliex thossok tinfixel x'taqbad tagħzel. Ahna hsibna li tkun haġa interessanti u f'waqtha li nsawru direttorju çejkjen tar-ristoranti li ghandna fil-Gżira tat-Tlett Gholjiet, halli kemm l-Ghawdxin u kemm il-Maltin li jiġu fostna jkollhom aċċess ehfef u aktar effiçjenti ghalihom, bla ma joqogħdu jhabblu wisq mohħhom. Interessanti l-fatt li f'din il-lista ta' 70 ristoranti ma hemmx imniżzla biss id-dettalji l-aktar bżonnjuzi biex wiehed jikkuntattja lil sid ir-ristorant, iżda wkoll liema hu l-aktar platt li jimxi f'kull ristoranti, biex hekk l-ghażla tkun ehfef. Mil-lista ta' hawn fuq jidher çar l-ikel li l-aktar ihobb il-poplu Malti u Ghawdxi. Hawnhekk tidher klassifikazzjoni ta' l-aktar platti favoriti, skond ir-riżultat li hareġ minn din ir-riçerka fost ir-ristoranti ghawdxin.

X'IHOBBU JIEKLU SPEÇJALI L-MALTIN U L-GHAWDXIN?

1.	Hut Frisk	29 ristoranti	(41%)
2.	Poultry	14-il ristoranti	(20%)
3.	Pasta	13-il ristoranti	(18%)
4.	Laham	09 ristoranti	(13%)
5.	Ikel iehor	05 ristoranti	(08%)

Din il-klassifikazzjoni tikxef b'mod çar, anzi tikkorrispondi eżattament, mat-tendenza attwali tal-poplu tagħna. Milli jidher il-**Hut Frisk** qed isir dejjem aktar l-iżjed platt popolari fir-ristoranti fost il-Maltin u l-Ghawdxin, bla dubju ghax hu l-aktar platt li jagħmel tajjeb lill-bniedem, fih hafna vitamini u ma jhaxxinx. Il-**Poultry** tiġi fit-tieni post, ghax tinkludi fniek u tiġieġ li mhux biss tradizzjonalment minn dejjem kienu popolari imma wkoll huma l-aħjar laham ghad-dieta. Il-**Pasta (ghagin)** fiha nfisha ma thaxxinx, imma z-zalza li jkun hemm magħha qed tbiegħed lil hafna nies minn dan il-platt tajjeb. Il-**Laham** waqa' fir-raba' post, x'aktarx riżultat tal-mard li hakem dan l-aħjar lil hafna annimali, barra mit-tgergir li mhux dejjem issibu tari. Imbagħad hemm **Ikel iehor**, bhalma huwa l-Ikel Ċiniż, li jinzel tajjeb ma' dawk li jhobbu l-ikel orjentali....

Hu x'inhu, l-importanti li tohroġ sodisfatt ta' dak li thallas!