



# FOREWORD MESSAGE

I am extremely pleased to launch MMSA's Minima Medica Journal, which is back for a new edition in 2022!

Ever since its inaugural edition, Minima Medica has been as a way for medical students to publish their research in a peer-reviewed journal. It also serves as a stepping stone for those who wish to enter the vast world of research but don't know where to start.

The 2022 edition of this journal includes 10 articles covering a large variety of medical topics, with each article being supervised and reviewed by two separate academics from the University of Malta, helping to strengthen the reliability and validity of Minima Medica as a reputable research journal.

This journal would not have been possible without the outstanding work of the team around it. I am extremely thankful for Daniela Chatlani, the SCOME Publications Coordinator, who has been coordinating the entire process leading up to the words you will be reading shortly, from releasing and vetting article applications, to the coordination of the SCOME Research Conference at which this journal is being released.

I would also like to thank Rebekah St John, the SCOME Assistant, whose unwavering commitment to the standing committee has shone through during every part of the year, and especially throughout this process. The MMSA PRO, Martina Formosa, as well as PR coordinator Martina Baldacchino, should also be celebrated, as without their unique designing capabilities, this journal would not have existed.

Finally, I would like to thank the many authors for putting the time and effort into writing and submitting the articles you are about to read, as well as the academics who found the time to review each and every article. It is because of you that this journal is what it is.

I hope that every single reader, be they a student, academic, or otherwise, finds this journal to be a fruitful and interesting read, and that they enjoy delving deeper into some of the many marvels that the field of medicine has to offer.

*Nicholas Galea*

Medical Education Officer