

# NiGRU GRAjJA



HARĞA 02 - AWWISSU 2024

Bdejna u ġadna l-frott tat-tieni sena tal-proġġett NiGRU GRAjJA! Ĝirja wara ġirja, ġrajja wara ġrajja, għadna ma qtajniex nifisna. Fil-verità, ġirja minn post għal iehor u warajha ġrajja jagħtuna aktar nifs. Wara ffit tbissim, wara ffit imbut-taturi, wara ffit stampi, wara ffit ideat, il-kliem jibda jfur, u jekk għall-bidu forsi jillimita ruhu għall-arja, wara ffit isib ruhu fuq il-karta. U ladarba jsib ruhu fuq il-karta, ma jerġax lura u ma jintesiex. U meta naraw hekk, minflok naqtgħu nifisna, nibdew naħsbu għall-ġirja li jmiss, u la nkunu ġrejna ... niktbu ġrajja wkoll.

Ma rridux naqtgħu nifisna għax hemm barra hemm ħafna ġrajjet. Uħud minnhom jaf għadhom fl-inkonxju, oħrajn qed jippruvaw jitilgħu fil-wiċċi ghax iż-żmien jghaddhom 'l isfel, oħrajn għadhom biċċiet 'il hemm u 'l hawn u qed jistenne li jissenslu. Oħrajn jaf qed itekku f'moħħ xi ħadd u jixtiequ joħorġu imma bħal ġirja bi ffit nifs jieqfu nofs triq. Il-ġrajjet kulhadd iħobbhom, imma ta' wħud joħorġu 'l barra u ta' oħrajn jibqgħu ġewwa. Ahna nagħmlu ħilitna biex inwittulhom it-triq.

Għalhekk nittamaw li NiGRU GRAjJA jagħmel xi ffit ta' differenza. Il-ġrajjet ilhom jiġi rrakkontati u miktuba. Dal-proġġett mhu jagħmel xejn ġdid. Li qed jipprova jagħmel differenti hu li qed imur għand persuni li rarament iwasslu kelmithom, għax jew għadhom żgħar wisq (it-tfal), jew kibru wisq (l-anzjani), jew m'ilhomx Malta wisq (l-immigrant). Kultant, il-ġrajjet ta' xi nies mhux biss ma jissenslu, imma meta jissenslu ma jinstemgħu għax il-kelma, u magħha l-ġrajja, mhux ta' kulhadd għandha s-setgħha tiġi l-istess. B'din it-tieni ħarġa tal-gazzetta bl-istejjer tal-partecipanti minn dawn it-tliet setturi tas-soċjetà, nittamaw li xi ġrajjet li ffit li xejn instemgħu, jīgru ffit aktar mal-erbat irjeħ u jirnexx il-halli jaqbżu l-ostakli li s-soltu jsibu fi triqithom.

Għandna ġrajjet li jfakkruna fuq kif għexu dawk li waslu qabilna, uħud fost taqlib qawwi bħall-gwerra u kif pupa kienet ta' wens. Imbagħad hemm tfal li jirrakkontaw kif pupu jieħu l-hajja, u stejjer ta' oħrajn li m'ilhomx wisq jaqsmu l-gzira magħna u qed jippruvaw jifhem x-xgħaqqa bil-ġażżeen.

Għandna ġrajjet li sa fl-ahħar ħarġu ... u nit-tamaw li se jīgru. *Jean Paul Borg*



It was a pleasure to return to Malta for a few days in May. The Inizjamed team are brilliant hosts. I had a wonderful night in the public library outside Valletta reading from my latest short story collection, *Quickly, While They Still Have Horses* and discussing the themes raised by the book. Thanks to everyone who showed up and made me feel so welcome. It was also a treat to see some sun. Spring and summer have been something of a washout here in rain-drenched Belfast. However, the highlight of my trip was definitely two afternoons spent with seniors living in a residential facility on the outskirts of Valletta.

I've been a community arts facilitator for twenty years. Here in Northern Ireland, storytelling, creative writing and facilitated listening sessions have played a huge role in bringing together a country fractured by decades of sectarian division. Writing together gives participants a valuable insight into each other's experiences. It's an opportunity to practice empathy and learn from those who've lived different lives to our own. In the last decade or so, I've specialised in facilitating workshops with older people and it was an absolute privilege to work with some wonderful storytellers here in Malta.

Our afternoons together were full of conversation and laughter. We used a variety of different prompts to reminisce about the past and craft new pieces of short fiction. Participants were quick to chat. They had ferocious imaginations and enjoyed sharing their lived experiences. In many ways they reminded me of the older writers from home; using stories from the past to navigate their way through the here and now. I was struck by their generosity; how quick they were to welcome and learn from a stranger. I'm very grateful to have spent time writing with people who've lived, and continue to live, such rich and interesting lives. .... *Jan Carson*

F'din it-tieni sensiela ta' workshop ta' kitba mal-anzjani ġewwa San Vincenz de Paul, erġajna offrejna l-opportunità li noħolqu l-ispażju intimu u l-kundizzjonijiet fertili biex niċċelebraw lir-residenti bħala persuni u mhux bħala pazjenti u, waqt dan kollu, biex nisimgħu l-istejjer tagħhom mill-qrib u b'reqqa. Uħud mill-partecipanti tas-sena l-ohra kienu herqana hafna li jerġi għu jipparteċipaw u baqgħu jistaqsu tul is-sena kollha meta se jerġa' jkollhom l-opportunità għal workshops oħra.

Bħal kif ġara fis-sena ta' qabel, jinhass ċar is-sens qawwi ta' rakkuntar ta' episodji minn ħajjet il-partecipanti tagħna, għax huma l-istejjer li jagħmluna persuni validi, għalkemm mhux biss. Telgħu fil-wiċċi stejjer li x'aktarx kienu il-hom mirduma. Interessanti ħafna li f'wieħed mill-eżercizzi ma' Jan Carson kien hemm xi ħaġa għaddejja fuq livell forsi iktar inkonxju, jew sahansitra fuq livell metafiziċċu. Fi żmien u spazju differenti dehret tip ta' konnessjoni bejn nies minn pajjiżi differenti li ntbaħna biha permezz ta' ritratt partikolari li tella' fil-wiċċi storja u emozzjonijiet. Fl-ahħar mill-ahħar, l-istejjer tagħna lkoll jafu jkunu esperjenzi komuni li jgħaqqu n-nies tul il-medda taż-żmien. Fuq kollo, għal darba oħra, il-partecipanti hadu gost hafna u tiskanta kif ogħetti żgħar mondani jew ritratti antiki jafu joħolqu hafna opportunitajiet għal reminixxena mill-ġdid. Grazzi wisq, Inizjamed! .... *Priscilla Cassar*



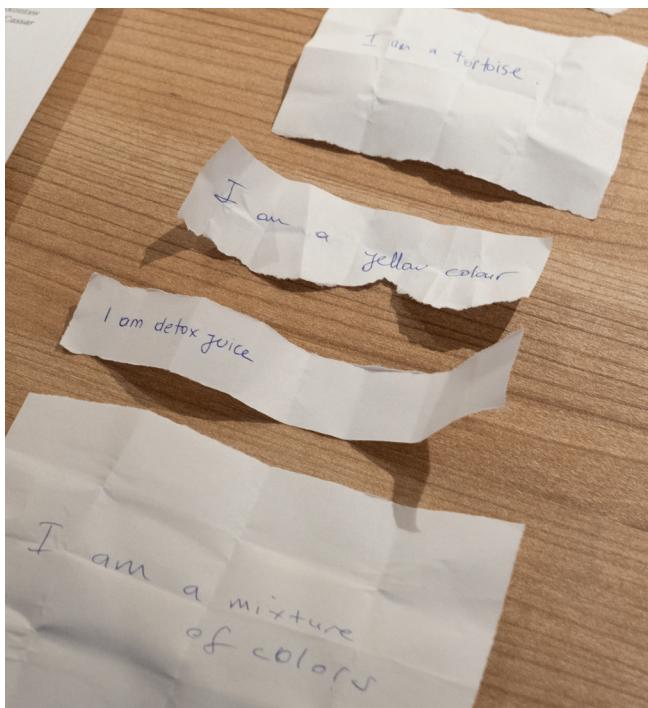
Darba niftakar li qbadha ma' xi ħadd (insejt min) fuq jekk il-kitba kreattiva tistax tiġi mgħallma. Sal-lum għadni nahseb li le, imma fl-istess waqt nagħti korsijiet u mmexxi laboratorji tal-kitba. Kultant nistaqsi lili nnifsi: Mela għaliex? Għax nahseb li bi ffit gwida t-talija tista' tiġi l-ideat tagħha ahjar, għax nahseb illi bi ftit spunti t-talija tista' tiġi genera ideat oħra, għax nahseb illi, bħal kull prattika oħra, irridu niktbu ... biex niktbu. Ma naħsibx li kittieba tista' tinholoq mill-ġdid, imma l-fftit li jkun hemm maħżu, jekk ikun ikkultivat, jista' joktor. Il-laboratorji ta' kitba mal-komunità Torka fi ħdan NiGRU GRAjJA kienu esperjenza ta' kultivazzjoni għal-ġajnejha. Flimkien qsamna esperjenzi u ideat u tlaqna fuq vjaggħi; mhux biss għax ħdimna bil-kunċett ta' mapep fiz-żi, psikoloġiċi u korporali, imma wkoll għax il-kitba missitna u haditna f'territorji ġoddha tal-emozzjoni u l-ħsieb. Konna spontanji. Irrakkuntajna l-istejjer tagħna, li jagħmluna ahna, ta' minn fejn ġejna u fejn sejjin. Konna vulnerabbli u ktibna dak li nafu u kif nafu, kulhadd bil-livell tiegħi u bl-istil tiegħi. U għal-ġajnejha, dan hu laboratorju ta' kitba: spazju fejn kulhadd ihossu liberu bla preġudizzji, spazju fejn nimri fuq anke jekk nibqgħu fl-istess erba' madumiet, spazju fejn jiġi inkubati l-ideat sakemm jitwieldu f'pubblikazzjoni bħal din. .... *Leanne Ellul*



Darba waħda kien hemm tifel jismu Luke li fettillu jagħmel bravura ... u żewġt itfal oħra jisimhom Sam u Lilly, li għamlu waħda minn tagħhom. Jake kien kompliċi fċajta li għamlu n-nies li kienu jaħdmu mal-papà f'għeluq sninu! U Tony kien ġugarell specjalisti, li, bejnietna, ma kien ġugarell xejn! Dal-ħames sessjonijiet ma' ħames subien għaddejnej, għad-donhom ħolma, ġrajja oħra li ġrejna flimkien. L-istejjer bdew herġin donnhom illustrazzjoni minn ktieb minsi fuq xkaffa, b'temi varjati u sens ta' avventura. B'daqqa t'għajnej ġieli ftehemna u jibda jissawwar karatru, nagħtuh isem u nibdew nirrakkontaw dak li fettillu jipaspar u fejn ... rakkont minn ħolma sahansitra hadna sal-ispazju! L-ideat friski xprunaw rakkonti kkuluriti, kultant imqarbin, oħrajn b'tagħlima jew b'xi aneddotu li jgħib tbissima. Kull tifel irrakkonta bil-mod uniku tiegħi; hijel ta' dettall bħall-platt speċjali tan-nanna bl-ġħażżeen bil-pesto żied doża ta' toħġi tajba mal-ġrajja rrakkontata. Inħolqu tpingiġiet spontajni li komplew taw ħajja lill-istejjer. Il-partecipanti qraw ix-xogħol tagħhom lil xulxin; b'hekk taw vuċi animata lir-rakkont. Xi ġajnejha jew daħqa ma naqsitx imma fuq kollo spikka s-sens ta' ħbberi u għaqda fost dal-grupp ħelu, li x'aktarx għad iridu jkomplu jgħidulek ġrajja li tibda, Mela darba ... .... *Rita Saliba*







## The Story of Us All

Once upon a time, there was a tortoise living in Valletta that came across a genie. The genie was the keeper of the maps of Valletta. The genie thought the tortoise looked lost, so he decided to give him one of his maps. This map was the long-forgotten map of the alternative timelines. Now, the tortoise would be able to see the consequences of his choices. Initially, the tortoise was happy. With the help of this map, the tortoise could foresee and avoid the potential consequences of his choices, and he could create a new life for himself.

However, soon the tortoise realised that whenever he avoided a consequence, he was not able to succeed. If he slept instead of looking for food, he would starve. If he kept enjoying warm weather, he would have nowhere to hide when the darkness came. As time went by, the tortoise became lazy and miserable. He missed the days where he had no idea what the future might bring. After long debates with his conscience, he finally decided to return the map to the genie. The genie was surprised. The tortoise had chosen the ambiguity of the future over knowing everything. Moreover, the tortoise wanted to discover this little fish in the Mediterranean. If he dwelt on the map, he would not succeed in his endeavours.

This situation made the genie think of himself. He was the keeper of the maps of Valletta. He had always been. Yet, he had never seen anywhere else but Valletta. He knew every little detail about Valletta, but that was all. While thinking, the genie found himself in Eagle Street. He realised that with its stairs and pots of plants, there was a distinctive blueness about this street. Not only because the doors and balconies were blue, but because of the solitude that echoed down the street. Valletta was always a mystery with many stories and yet, Eagle Street had always seemed a bit distant, a quiet street to him. Here, he could find any shade of blue. Navy, mint, sky ... blue is a funny colour, he thought. This thought was both relaxing and sad.

When he climbed the stairs, he felt sad thinking of the realms beyond Valletta. He wondered whether his maps ever showed any of those places but no, they were all about Valletta. For the first time, in spite of living there for centuries, he felt he didn't know where he would end up. While climbing, he felt stressed, tired, anxious and nervous ... until he reached the top of the stairs. A gentle wind embraced him. When the genie turned to look down where he had climbed, he could not believe his eyes. The sad vibe of the blue colour on Eagle Street had turned into the most relaxing feeling that the genie had ever experienced. He discovered the joy of exploring; he had realised the thrilling sense of changing perceptions. At that instant, he understood what the tortoise had meant, he understood his dilemma. The

tortoise was a voyager, carrying his home on his back wherever he went. On the other hand, the genie was like an innkeeper; every subjective opinion arrived to him yet he never had his own.

He felt the urge to talk to someone who knew what it was like to discover. Of course, he could easily catch up with the tortoise since he only moved a couple of metres away after giving him back the map but the genie already knew what the tortoise thought. He wanted to know someone else's opinion, he craved for someone else's subjectivity. And this someone else was in front of him, a girl with happy eyes, button nose, talky mouth, tired eyebrows, and wavy but didn't-know-itself type of hair who was born outside Malta. This fascinated the genie. He had never left Valletta yet the tortoise wanted to discover this little island, and there were even others that were from other mysterious lands.

When the genie found the girl, she was enjoying her view from Lower Barrakka Garden. She was surprised to see the genie. In fact, she had no idea there was a genie in Valletta. She had never read about such things in tourist guide books. The genie explained to her that he was created in the Valletta Design Cluster. Ignoring her confusion, the genie kept talking and told her everything that had happened. The girl smiled. She said she knew that feeling. She had felt the same when she first came here. Yet, after almost a year and many places she had been to, she experienced and felt the same thing. She explained to the genie that it was okay to feel intimidated when you start something new, when you leave that place you think you belong to. It was okay to look for a device or a medium to foresee what the future might bring even though it could not promise anything or might even hinder you from going forward. In fact, she explained, we never start something new but we make progress building on our initial experiences. We never leave the places we thought we belonged to, we just let ourselves discover without pulling off our roots. And these roots are ours and ours only. They could both contribute to our progress and adapt themselves with new features we had learned during our experiences.

Last but not least, all of these experiences are intrinsically subjective but they eventually became one, the story of us all. The genie felt relieved, just like the blueness in Eagle Street. And now, he felt ready to fly like an eagle and explore the realms beyond Valletta, and maybe, he might create another map of subjectivity, this time one of his own.

BUSE BARIŞ KATI

Mela darba waħda, wara li qomt mis-sjesta, kont għadni qed nitbandal u ridt immur ingib il-ġugarell favorit tiegħi mill-gwardarobba li kien ma' ġugarelli oħra. Imma xhin ftaħt il-bieba kien hemm xi haġa mhux tas-soltu. Il-ġugarelli kollha kienu qed jiċċaqlu u bil-qatgħa li ħad t-ġismi telagħli xewk xewk. Ghalaqt il-gwardarobba, imma ftit wara hsib; jiena tifel kbir. U rġajt ftaħtha. Xhin ftaħt il-gwardarobba harabli ġugarell li mar hdejn it-tieqa.

Għedt bejni u bejn ruħi, aħjar nagħmel ħabib miegħu. Xtaqt inkellmu imma ma bediex ikellimni lura.

"Isma', jien mħux ġugarell. Jiena tifel moħbi fil-pupu," kitibli b'seħgħu fuq il-ħġieg tat-tieqa li kien kol lu trab.

"Inti kif weħilt fil-pupu?" staqsejtu.

"Kien hemm raġel veru kattiv u għamilli seher u dāħħalni fil-pupu."

"Veru?"

"Mela."

"X'jismek?"

"M'għandix isem."

"Tridx intik isem jien?"

"Iva."

"Mela se nsemmik Tony. Joghġbok?"

"Hafna."

"Kif taf tikteb, inti?"

"Kont immur l-iskola bil-moħbi fil-basket ta' tifel."

"Tridx tmur l-iskola minflokki?"

"Tajjeb, imma l-homework trid tagħmlu inti."

Ftehemna u sirna ħbieb.

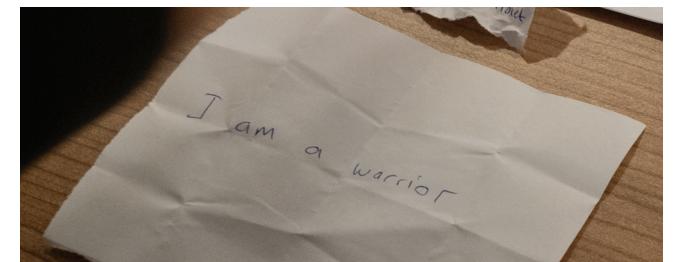
• • • AARON, JAKESTON, KEN, LUCA U ZAINE

Kelli pupa taċ-ċarruta u tant kont ferħana biha li kont neħodha kull fejn immur. Hadd ma kien imisshieli.

Kienet pupa fiha daqs tarbija. Il-wiċċ tagħha xtrawħu li u waħħaltu magħha. Minħabba li ma kellhiex xagħar, kont inlibbisha skufja tat-trabi. Iz-zija kienet hitiħieli għax fi żmien il-gwerra ma kontx issib tixxtri pupi. Il-pupa qatt ma kienet tibki, dejjem kwieta.

Meta niftakar fil-pupa niftakar f'meta kont għadni tifla. Jiena twelidt fil-gwerra u l-pupa kienet wens.

• • • • • • • • • • • CARMEN AXISA



Niġru Ċrajjfa qed jittella' minn Inizjamed.

Dan il-proġetti huwa meghju mill-Premju tal-President ghall-Kreattività, gestit mill-Uffiċċju tal-President ta' Malta u l-Kunsill Malti għall-Arti.



IL-PREMJU TAL-PRESIDENT  
GHALL-KREATTIVITÀ



IL-KUNSILL  
MALTI  
GHALL-ARTI



St Joseph's Home  
ST JOSEPH HIGH ROAD - SANTA VENERA



Saint Vincent  
De Paul  
long term care facility

Koordinatur tal-proġetti: Jean Paul Borg | Editur tal-gazzetta: Jean Paul Borg |  
Qari tal-provi: Claudia Gauci

Fotografija u Disinn tal-gazzetta: Katel Delia | Stampar: Poulton Ltd

Hajr: Jan Carson, Priscilla Cassar, Leanne Ellul, Dr Ronald Fiorentino (St Vincent de Paul Long Term Care Facility), Rita Saliba, David Schembri (St Joseph Home), Kenneth Scicluna, Rita Saliba, Valletta Design Cluster.

© Il-kontributuri | Il-jeddiżiet ta' din il-gazzetta miżmuma minn Inizjamed. Id-drittijiet tax-xogħlijet li jidhru fil-gazzetta huma tal-awturi. Din il-gazzetta qed titqassam b'xejn bil-kundizzjoni li ma timbighx u ma tigħix fotokopjata, la kif inhi u f'ebda għamla jew legatura oħra. Ma jista' jsir ebda tibdil fiha. Ebda silta minnha ma tista' tigi ppubblikata mill-ġdid jew mahruġa f'mod fotostatiku, elettroniku, mekkaniku jew irrekordjat jew b'xi mod ieħor mingħajr il-permess tal-pubblifikaturi u l-awturi.

Kuntatt ta' Inizjamed: info@inizjamed.org

Is-sit ta' Inizjamed: www.inizjamed.org www.facebook.com/inizjamed www.instagram.com/inizjamed