regifting life Article By Ilona Zammit



onating your organs is not only about giving but also recieving. Many people await organs on a daily basis to ensure a longer and healthier life. For some, it is a matter of life or death. For others it is an aid in moving, seeing and living better. Organ donation does not only involve you and the patient. One has to keep in mind their family members, friends, loved ones and acquaintances who constantly support those in need of transplantation who also benefit from their renewed life and improved health post-transplant.

Did you know that one organ donor can save up to eight lives and that organs and tissues from one donor can benefit 50 people?

In today's busy lives, you may think that there is nothing you can do to help others in need. There is. You might not have time now, but you can still help others later. By donating your organs, you would ensure that other people will have a chance to live a life like yours, and if they are also busy, they too will be able to donate theirs in due course. If you wish to become an organ donor, you can download the link from healthgov.mt website or contact the organisation by calling or visiting the Health Service building.

The National Human Organ and Tissues Donation Register

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Do it from the heart, save lives.