



The Raoul Follereau Foundation (Malta) - The Order of Charity is a registered NGO [No. VO/0980] administered by the **Grand Priory of the Maltese Islands** of the

Military and Hospitaller Order of Saint Lazarus of Jerusalem

DECEMBER 2021

EDITORIAL

IHOSSOK VULNERABBLI?

Qed ngħixu fi żmien il-vulnerabbiltà – kelma twila u tqila li tfisser dgħufija, nuqqas ta' protezzjoni. Għandna nies vulnerabbli maqfulin fi djarhom, fl-isptarijiet, fil-homes, li jħossuhom bla ħila u bla kuraġġ, imbażża' minn dil-marda qerrieda tal-COVID. Jien naf għax għaddejt minnha u għadni "maqful" ġo dari. Fil-bidu tal-epidemija jiena batejt mentalment minn tensjoni kbira, kont inkwetat, bla ma norqod u anke nimxi ħażin. Għadni kważi nibża' noħroġ barra, bżonn l-għajnuna ta' ħaddieħor. Irrid bilfors nilbes dik il-misħuta maskra li nħossha tifgani u nżomm 'il bogħod anke mill-għeżież neputijiet

Imma ħdein ħaddieħor m'aħniex ħażin għall-aħħar. Tisma' u taqra dwar il-missjoni u jħossok aħjar, anzi tkun trid tara kif tagħmel biex tgħin. Almenu aħna għandna fejn noqgħodu, insibu x'nieklu u għandna I-mediċina. Għandna lil min iħobbna u jieħu ћsiebna. II-problemi tagħna huma żgħar ħdejn min ibati bil-lebbra. Dawn qed jgħixu ħażin ħafna, jiddependu għal kollox minn ħaddieħor u anke fil-periklu li ma ikollhom l-ebda għajnuna ta' xejn u jsibu ruħhom iżolati u fi dwejjaq kbar.

Rayala mill-Indja nstab li kellu I-lebbra fl-2006 u baqa' jbati għal għaxar snin sħaħ wara li t-tobba ndunaw x'kellu. Id-djanjosi tal-lebbra ggib maghha diskriminazzjoni u pregudizzju kbar li spiss ikissru I-familja u jikkawżaw anzietà u solitudni. Rayala kellu problemi f'siegu x-xellugija wagt li kien ged jigi kkurat. Il-muskoli ddgħajfu u ma setax jimxi sewwa. Isswaba ta' jdejh bdew jibbiesu u jingħalqu u ħassu bla saħħa. Il-familja abbadunatu, minbarra missieru iżda dan miet ftit wara d-djanjosi. Sab ruħu waħdu mingħajr finanzi ta' xejn u ma damx ma beda įbati mentalment. Rayala ħtieġlu jagħmel kuraġġ u ddeċieda li

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Karitá

joħroġ jittallab fit-torog biex ikun jista' jgħix.

Inzerta li f'dawk in-naħat kien hemm ufficjali tal-Lepra li kienu qed ifittxu għal każijiet ġodda ta' lebbra. Dawn lemħu lil Rayala fl-istat ħażin li kien fih u bdew jgħinuh. Hadu ħsieb li jkollu n-neċessitajiet basiċi, fosthom l-ikel u lilma nadif, waqt li qabdu jaraw minn xiex kien qed ibati. Ipprovdulu żraben addattati biex ikun jista' jimxi mingħajr għajnuna. Għallmuh kif jieħu ħsieb tiegħu nnifsu u għenuh biex jirnexxilu jitjieb fis-saħħa mentali.

Saret kirurgija u fisjoterapija fug idejh u Ravala rega' beda jgħix ħajja xi ftit jew wisq normali. Tant ħassu aħjar li offra biex jgħin lil ħaddieħor ingas ixxurtjat minnu. Beda jdur minn villagg għall-ieħor jiddiskuti l-lebbra, jispjega s-sinjali u s-sintomi tal-marda. Issa qed jaħdem mal-Lepra, jgħin oħrajn biex jieħdu sehem fl-iskemi u s-servizzi tal-gvern għal dawk li huma affettwati mil-lebbra u biex ixerred ilkampanja favur id-dittijiet tagħhom.

Minkejja li kellu jħalli warajh ħafna affarijiet li xtaq jagħmel f'hajtu, huwa nbidel ghal kollox u ma jdumx ma jkun responsabbli ta' negozju żgħir, grazzi għall-għajnuna u linkoraggiment li sab fl-ufficjali u t-tobba tal-Lepra li ilhom mill-1924 jaħdmu galb dawn in-nies minsija tat-tielet dinja.

_ Nagħmel kuraġġ lill-anzjani u l-vulnerabbli kollha, huma fejn huma, u nixtieqilkom il-Milied it-tajjeb u s-sena t-tajba. Niċċelebraw dawn il-festi sbieħ u nqawwu qalbna li bl-għajnuna ta' Alla l-affarijiet jinbidlu għall-aħjar.

CHEV. TONY C. CUTAJAR



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Things Lepers Had to Do In the Middle Ages

The rules actually varied by location and era.

Leprosy today is known as more of a medical condition, a bacterial infection which has some pretty horrible side effects if left untreated. However, if caught in the early stages these days the treatment is multi-tiered

and usually very effective. However, in the Middle Ages people feared the disease perhaps more than they feared more lethal diseases like small pox. Once you had immunity to smallpox, assuming you survived, then you were done with the disease. This was not so for lepers.

The bacteria which cause leprosy is now known as *Mycobacterium leprae* and an infection of these bacteria is called Hansen's disease. But, throughout history humans have considered the disease a curse or as a sign of unclean morals or body. The infection itself causes skin to change texture and nerve endings to become deadened. The deadening of the nerves, combined with necropsy of bodily tissue, causes a poor response to heat, cold, and pain. This results in an abnormal amount of injury to delicate fingers and toes over the years if left untreated. Leprosy can also cause blindness and other complications.



In the Bible, we find the story of Jesus tending to the lepers, braving social stigma and the perils of contracting the disease in order to help those in need. However, we know today that the disease is not all that contractable unless you have repeated contact with leprosy victims. There is even some evidence that in Jesus' time there would have been much more relaxed laws on where lepers could go and who they could have contact with.

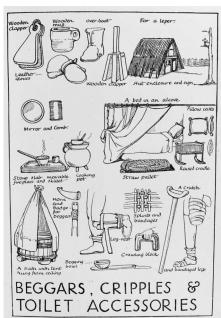
This was not so in Europe in the Middle Ages. The ravages of cholera, the plague, the flu, and other infectious diseases meant the loss of whole families. After so many epidemics, especially in densely populated cities, laws and social restrictions on the diseased became much more stringent.

Lepers had to follow some very specific rules in everyday life. But,



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because they
were outcasts
who often had no
home, no family
to claim them,
and no possibility
of obtaining
work, lepers relied on charities
and street beg-



ging in order to feed themselves. This meant they had little choice but to mingle with the rest of society, and as such they had a number of restrictions put on them.

Noise Makers

In many areas lepers were required to carry and use noisemakers. The most common was a series of wooden paddles attached with a handle. By shaking the clapper, the sound was carried far enough to warn to residents of an area, giving them time to avoid the leper if they wanted. Bells were also used to warn people of a leper's approach. These noisemakers had the added benefit of being useful for begging and collecting alms.

Specific Clothes

Many lepers were quite poor since no one would ever hire them for work. While many wore rags for clothes, others wore a heart symbol on their chest so that people could see at a distance that they were infected.

Church Was Often at a Distance

Some churches would have run a charity service for the poor and/or lepers, but coming inside the church for regular Sunday services



was out of the question. Instead they could view the church services from a Hagioscope (more commonly known as a leper's window) which allowed them to see a tiny portion of the church interior. These windows, more importantly, kept the congregation inside from seeing the lepers, which might have caused panic.

No Quarter Given

Lepers were often denied entrance to cities (back when towns and cities usually had walls). It was, at the time, a very common prac-

tice to simply not let in anyone who wasn't wanted in the city. This could include the poor, various minority groups, and the sick.



Walk This Way

the sick.

Lepers were supposed —
to walk downwind of anyone they passed on
the roads. The concept of miasma, that one
got sick from breathing in bad smells, meant
that people were fussy about breathing around

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Locked Away

Today there are only a few leper colonies left in the world, but once upon a time it was more common to send lepers away to live with disease in a community of people who were also affected. Short of



sending someone away, there was also a metal cell shack that was created to keep the bad stuff in, but also give the victim a place to call home. Despite all that there were some areas in which lepers would have been treated as pilgrims enduring a Christ-like suffering before death.



https://dustyoldthing.com/6-things-lepers-had-to-do/

'Leprosy Coins' and the Legacy of Stigma

IN THE EARLY 1960S, A Nevada physician received a curious gift from one of his patients: a handful of loose coins. But these weren't just spare change. Robert Myles's patient was a coin dealer, and among the hodgepodge of old coins he'd given his internist, three stood out as

peculiar.

They were coins from the Philippines, but nothing like Myles, a casual coin enthusiast since boyhood, had ever seen before. Unlike the country's traditional peso, these were marked with a caduceus, the ancient symbol showing two serpents encircling a staff. Made of cheap metal rather than gold, they didn't seem particularly valuable. And they weren't; in fact, even when they were in circulation, they weren't considered legal tender.

Decades before they landed in Myles's palm, the



coins were exclusively used on a secluded island two hundred miles away from Manila: the Culion Leper Colony, which at one point was home to over 5,000 people quarantined to the island. Myles had stumbled upon "leprosy coins."

In many quarantines, these coins were the only form of money that leprosy patients could access during their indefinite medical exiles. They were created with the intent to keep disease from spreading by restricting patients' handling of money, which was inaccurately feared as "tainted" by leprosy, from the mainstream circulation. And, with their value rendered null beyond the walls of their respective compounds, these currencies also made it nearly impossible for desperate patients to escape. You might be able to slip past the sentries keeping watch or wriggle through the fencing of your settlement's enclosure, but you can't get too far with the equivalent of Monopoly money in your pocket.

Not every leprosy quarantine settle-



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ment, or leprosarium, had its own money. But a handful, from Brazil to Japan, issued alternative currencies through the early- to mid-20th century as one of an arsenals of measures to further isolate their patients from society and soothe the fears of their surrounding communities.

Some currencies were privately minted by the leprosarium's themselves, according to Jean Myles, Bob's wife, while others were issued by the country's health ministry. Some, like the money used at the Palo Seco quarantine in the Panama Canal Zone, were made right here in the United States, at the Philadelphia Mint. Some are stout, copper coins that were later tossed overboard into the ocean, Jean says. Others, like the gorgeous paper notes from Malaysia's Sungei Buloh settlement, were painstakingly illustrated and later burned en masse. As for the ones that survive? They remain a tangible example of one of the most enduring medical stigmas in human history.

That happenstance encounter with a few loose Culion coins sparked a lifelong interest for the Myleses, who together spent years accumulating a stunning and encyclopedic collection of leprosy currency from across the globe. "Bob got interested, and he started looking around, and found several dealers that had them," Jean says, adding that Bob had also seen and treated a patient with leprosy (now referred to as Hansen's disease) in Reno. She recalls one of Bob's regular coin dealers saying that whenever he'd get a new leprosy coin, he'd wash it in alcohol, then wash his hands with soap, and then immediately give Bob a call. Bob passed away in 2014, but five years prior, the Myles family donated their extensive collection of leprosy currency to the National Hansen's Disease Museum, located at the former leprosy hospital and settlement in Carville, Louisiana. There, gleaming from beneath plastic protectors, are dozens of coins from leprosariums around the world: Brazil's Colonia Santa Teresa, Panama's Palo Seco, and, of course, Culion in the Philippines.

The collection, donated to the museum by the Myleses and fellow coin collector James Archibald, is displayed alongside other relics of the disease—rudimentary medical instruments and ointments, antique wicker coffins, and handmade Mardi Gras floats crafted to fit over wheelchairs. With 123 coins and 14 paper bills on display, the collection represents currencies from five countries: the Philippines, Venezuela, Colombia, Panama, and Brazil.

These currencies created an insular closed loop of commerce in their respective settlements, where patients often held jobs from gardening to cooking to clerical work. Their earned wages were issued in settlement currency, and any money they sent out of the settlement to patients' families back home would be swapped out for legal tender. According to Elizabeth Schexnyder, the museum's curator, new patients arriving onsite would hand over any outside currency and exchange it for the special-purpose bills and coins.

Patients had little say in the matter, Schexnyder says. "That's the way they did business with the outside, and that way, they'd guarantee that the 'tainted' money would never leave the grounds," she explains. With this disease, she adds, even something as valuable and essential to one's worth as currency became suspect. (Carville itself did not mint its own currency, says Schexnyder; instead, all outgoing money was sanitized by chemical fumigation, and patients were forbidden from transacting with the Mississippi River peddlers who frequently sidled up to the settlement's fence.)

The fear that fueled the creation of these currencies also mirrored a larger anxiety at the time, according to Douglas Mudd, director and curator of the American Numismatic Association's Money Museum in Colorado Springs, Colorado. "Most

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colony currency was issued in the 1900s, and that coincided with a period when there was a general scare, worldwide, with the idea that germs could be transmitted by touching things," Mudd explains. "Through the 1920s, there was a bit of a paranoia about it, associated with money." That undercurrent of paranoia was only further compounded by a deep, millennia-old fear of a disease many people perceive as a Biblical curse.

Indeed, some nasty stuff has been found hitchhiking bills and on paper coins, but Mycobacterium leprae, the bacterium that causes leprosy, is not among them, nor is it nearly as contagious as the world once thought. Even in more than a century of Carville's history, no staff member ever contracted the disease from a patient. In 1970, a Malaysian journalist named Isaac Teoh reported in Carville's patient-run, internationally distributed newspaper, The STAR, that Dr. Gordon Alexander Ryrie, medical superintendent of Malaysia's Sungei Buloh settlement, had sent "soiled" paper money from the settlement to the Institute for Medical Research in Kuala Lumpur. "There, the notes were subjected to extensive microscopic tests to find if any live leprosy bacillus was still wriggling about." he writes. "None was found."

Yet, fear and myth prevailed over research and science, and patients suffered their undue exiles anyway. "It's a real, physical example of how the person who was diagnosed with leprosy became the disease," says Schexnyder. "It wasn't something you had, it was you. You were marked, anything you came into contact with was marked, your clothing, money, even something as valuable as currency was marked."

Coins on display at the National Hansen's Disease Museum. GRAY CHAPMAN

Today, the coins are a lasting symbol of how fear

and misunderstanding stripped away the humanity and agency of people affected by the disease. The coins are also a hobby among a small but fervent group of numismatists, who pursue coins from certain settlements with the same zeal that other coin collectors might apply toward tracking down an 1804 silver dollar, one of the rarest and most valuable coins in American minting history. That pursuit is not always easy, especially when much of the currency was destroyed in the mid-20th century after medical breakthroughs rendered some of these measures indefensible, Schexnyder explains. "[Colonies] decided they were not going to distribute this money anymore around the 1950s, which happily corresponds to a time when they could actually treat the disease," she says, referencing the advent of the early oral sulfone therapies that quickly replaced topical chaulmoogra oil as an effective treatment for leprosy.



The register of people admitted to Culion. CULION MUSEUM AND ARCHIVES



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MERRY CHRISTMAS AND A HAPPY







Raoul Follereau Foundation [Malta]

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E-mail: rforderofcharity@gmail.com http://stlazarusmalta.org/aff_OoC.html The Raoul Follereau Foundation [Malta] - Order of Charity is a non-profit organisation set up in Malta in 1967 with the goal of collecting monetary support for the assistance of lepers throughout the World. It forms part of the international Raoul Follereau Foundation established in 1946 by the world famous anthropologist who died in 1977. The main aims of the Foundation are:

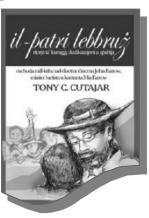
- to encourage social help to those suffering from leprosy;
- to ascertain that these people are treated as they should;
- to help lepers find their place in society;
- to give financial help to leprosaria and missions working with them.

scourge of Raoul Follereau

Help us help fight the scourge of leprosy

Kif tista int tghin ix-xoghol tal-Ordni tal-Karitá

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- Billi tagħti donazzjoni b'kull ammont li tixtieq int. Sintendi kull donazzjoni tigi rikonnoxuta b'rcevuta
- Billi tixtri il-ktieb *Il-Patri Lebbruż* li jippreżenta storja ta' kuraġġ , dedi-każżjoni u qlubija tal-qaddis li gie ddikjarat il-patrun tal-presuni morda bil-lebbra. Il-Patri Lebbruz Damjan ta' Molokai kien mar jaħdem f'kolonja tal-lebbruzi abbandunati minn kulħadd. Ġħalihom kien sacerdot, tabib, bennej, mexxej, ħabib, missier. Fi ftit kliem kien l-għajn tas-salvazzjoni u t-tama tagħhom. Jum fost l-oħrajn, beda l-omelija tiegħu bil-kliem: "Ġħez iez huti lebbruzi..." biex hekk qasam mal-kompatrijotti tiegħu fuq il-Ġz ira ta' Molokaj, l-aħbar li hu wkoll kien ittieħed mill-marda. Miet ta' 49 sena. Huwa u gie ddikjarat qaddis sitt snin ilu mill-Papa Benedittu XVI. Il-Ktieb jinbiegħ €6.50 biss inkluss il-posta. Ibgħat cekk ta' €6.50 pagabbli lill-Ordni tal-Karita.



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