



The Benefits of Integrating Equity, Diversity & Inclusion (EDI) in Research



Greater relevance and applicability

- An intersectional approach - considering individual characteristics (gender, sex, age, social background, race, ethnicity, etc...) - allows for a more profound comprehension of varying experiences.
- Incorporating diverse populations in research produces more meaningful results, with a broader reach and larger impact.
- Integrating EDI themes adds value to research and increases its societal relevance.

Diverse research teams

- Teams with diverse backgrounds are better equipped to identify and solve complex problems from multiple angles.
- Diverse teams bring unique perspectives, leading to innovative ideas.
- Inclusive environments foster better communication and collaboration among team members.



Addressing bias

- Excluding diverse participants from research can result in biased and stereotyped outcomes.
- Unintentionally generalising findings from a homogeneous sample ignores the diverse realities experienced by other groups and individuals.
- Considering diversity in research designs allows for the development of culturally sensitive methodologies.

