



**L-Università  
ta' Malta**

MATRICULATION AND SECONDARY EDUCATION CERTIFICATE  
EXAMINATIONS BOARD

**SECONDARY EDUCATION APPLIED CERTIFICATE LEVEL  
2021 SUPPLEMENTARY SESSION**

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SUBJECT:	<b>Health and Social Care</b>
PAPER NUMBER:	Synoptic – Unit 2
DATE:	3 <sup>rd</sup> November 2021
TIME:	9:00 a.m. to 11:05 a.m.

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**THIS PAPER SHOULD BE RETURNED TO THE INVIGILATOR  
AFTER THE EXAMINATION.**

Answer **ALL** questions in the space provided. You may answer either in English or in Maltese.

**Scenario**

- Pawlu is an 86-year-old male.
- He is no longer able to live independently on his own.
- For this reason, he is going to be admitted to a residential home for adults; older adults and people with additional needs.

**Question 1**

**K-1 (6 marks)**

a. List **ONE** developmental aspect for adults and older adults for each of the following:

<b>DEVELOPMENTAL ASPECTS</b>	<b>ADULT and OLDER ADULTS</b>
Physical	
Intellectual	
Emotional	
Social	

(2)

b. Identify from the scenario **ONE** need of adults and older adults for **EACH** of the following:

<b>NEEDS</b>	<b>ADULT and OLDER ADULTS</b>
Physical	
Intellectual	
Emotional	
Social	

(2)

c. Outline **FOUR** activities of daily living which meet the needs of an older adult and an adult with additional needs.

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b. Outline **TWO** main roles of any **TWO** practitioners mentioned in question 2 (a).

i. Practitioner 1: \_\_\_\_\_  
Role 1: \_\_\_\_\_  
\_\_\_\_\_ (0.5)

Role 2: \_\_\_\_\_  
\_\_\_\_\_ (0.5)

ii. Practitioner 2: \_\_\_\_\_  
Role 1: \_\_\_\_\_  
\_\_\_\_\_ (0.5)

Role 2: \_\_\_\_\_  
\_\_\_\_\_ (0.5)

c. Describe the role of any **TWO** practitioners working with an older adult with mobility problems.

i. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ (2)

ii. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ (2)

**Question 3**

**C-1 (12 marks)**

a. List **FIVE** values associated with the practice of Health and Social care.

Value 1: \_\_\_\_\_ (0.8)

Value 2: \_\_\_\_\_ (0.8)

Value 3: \_\_\_\_\_ (0.8)

Value 4: \_\_\_\_\_ (0.8)

Value 5: \_\_\_\_\_ (0.8)

b.

- Pawlu has been diagnosed with an onset of dementia.
- His daughter does not want to let him know.
- The staff at the residence are saying that Pawlu needs to be informed.

Justify why the Health and Social Care worker must adhere to the below principle in the given situation.

“As a social service worker, you must protect the rights and promote the interests of service users and their relatives/carers.”

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ (4)

c. Discuss how the principle below promotes **TWO** of Pawlu’s rights in relation to his diagnosis of dementia.

“As a social service worker, you must strive to establish and maintain the trust and confidence of service users.”

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**Question 4**

**K-5 (8 marks)**

- a. List **FIVE** constituents of a healthy diet in Table 1.
- b. Match **ONE** food item provided in the box below with each of the **FIVE** constituents listed in Question 4 (a).

Black beans      Orange      Almonds      White bread Meat      Cheese      Oats      Turmeric      Olive Oil      Mineral Water
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a. Constituents of a Healthy Diet	b. Matched Food Items
_____ (0.4)	_____ (0.4)
_____ (0.4)	_____ (0.4)
_____ (0.4)	_____ (0.4)
_____ (0.4)	_____ (0.4)
_____ (0.4)	_____ (0.4)



**Question 5**

**K-7 (8 marks)**

a. In an older adult residential home, it is common to have some residents who develop pressure sores. Name **FOUR** causes of pressure sores.

- i. \_\_\_\_\_ ii. \_\_\_\_\_
- iii. \_\_\_\_\_ iv. \_\_\_\_\_ (2)

b. Mention **FIVE** of the most common areas of the body where pressure sores commonly occur.

- Area 1: \_\_\_\_\_ (0.4)
- Area 2: \_\_\_\_\_ (0.4)
- Area 3: \_\_\_\_\_ (0.4)
- Area 4: \_\_\_\_\_ (0.4)
- Area 5: \_\_\_\_\_ (0.4)

c. Describe **FOUR** ways how one can prevent pressure sores.

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c. Identify by circling the correct answer from the table below **FIVE** first-aid situations which require someone to summon immediate help from a health care professional.

unconsciousness	minor cuts	fractures	cardiac arrest
coughing	sneezing	panic attack	twisted ankle
dizziness	choking	burns	headaches

(4)

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