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SUBJECT:	<b>Hairdressing and Beauty</b>
UNIT:	2
ASSIGNMENT:	3 – Controlled
TITLE:	Face care treatment
DATE SET:	25 <sup>th</sup> April 2022
DEADLINE:	23 <sup>rd</sup> May 2022

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### General Instructions

- Lines provided for sub-questions (a) and (b) indicate the length expected in the candidate's answers.
- Lines provided for sub-questions (c) do **not** necessarily indicate the length and depth of the expected answers.
- Application criteria will be assessed in class.
- Answers may be either in English or in Maltese.

### Candidate's Declaration of Authenticity

I, the undersigned, \_\_\_\_\_ (*Name and Surname*), declare that all the work I shall submit for this assignment will be my own.

I further certify that if I use the ideas, words, or passages from existing sources, I will quote those words or paraphrase them and reference them by making use of a reference system.

I am aware that should I submit work which is not mine, or work which has been copied from one or more sources, I will be penalised as per MATSEC Examinations Board policies related to plagiarism.

Candidate's Signature: \_\_\_\_\_

I.D. Card No.: \_\_\_\_\_

Date: \_\_\_\_\_

**General Scenario**

- Mary works in a Hairdressing and Beauty Salon as a beautician.
- Mary is currently training Rob, to carry out facial treatments on her clients.
- Mary must make sure that Rob has the relevant knowledge and skills before working on clients.

**SECTION A – WRITE-ON**

Answer **ALL** questions in the space provided.

**Question 1**

**K-6 (4 marks)**

a. List the **FOUR** different heating methods that can be used during a face care treatment.

Method 1: \_\_\_\_\_

Method 2: \_\_\_\_\_

Method 3: \_\_\_\_\_

Method 4: \_\_\_\_\_

b. Identify the time allowance when heating the face according to the various skin types in the table below:

Table 1: Time allowance when heating the face

Sensitive Skin	_____
Mature Skin	_____
Dry Skin	_____
Normal and Combination Skin	_____
Oily Skin	_____



**Question 2**

**K-7 (4 marks)**

- a. i. State **FIVE** important points to consider before a consultation for a face care treatment by filling in Table 2 below.

Table 2: Importance of a consultation

Important Point 1:	
Important Point 2:	
Important Point 3:	
Important Point 4:	
Important Point 5:	

- ii. State **FIVE** important points for a record card before a facecare treatment by filling in Table 3 below.

Table 3: Importance of a record card

Important Point 1:	
Important Point 2:	
Important Point 3:	
Important Point 4:	
Important Point 5:	

- b. Outline the following **FOUR** necessary information that should be found in a facecare treatment plan.

Client details: \_\_\_\_\_  
 \_\_\_\_\_

Products to be used: \_\_\_\_\_  
 \_\_\_\_\_

Aim of treatment: \_\_\_\_\_  
 \_\_\_\_\_

Details of treatment: \_\_\_\_\_  
 \_\_\_\_\_

c. Describe suitable aftercare advice that can be given to the client after a face care treatment. In your description mention **FIVE** points.

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**Question 3**

**K-8 (4 marks)**

a. List **FIVE** different products used in a face care treatment.

Product 1: \_\_\_\_\_

Product 2: \_\_\_\_\_

Product 3: \_\_\_\_\_

Product 4: \_\_\_\_\_

Product 5: \_\_\_\_\_

b. Outline the purpose of the following **TEN** ingredients found in face care products.

Alcohol: \_\_\_\_\_

Waxes: \_\_\_\_\_

Fragrances: \_\_\_\_\_

Oils: \_\_\_\_\_

Astringents: \_\_\_\_\_

Preservatives: \_\_\_\_\_

Anti-bacterial agents: \_\_\_\_\_

Detergents: \_\_\_\_\_

Emulsifier agent: \_\_\_\_\_

Humectants: \_\_\_\_\_

c. Describe the effects of the **FIVE** face care treatment products listed in Question 3a.

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**Question 4**

**C-2 (6 marks)**

a. Explain **TEN** contraindications of a face care treatment.

Contraindication 1: \_\_\_\_\_

\_\_\_\_\_

Contraindication 2: \_\_\_\_\_

\_\_\_\_\_

Contraindication 3: \_\_\_\_\_

\_\_\_\_\_

Contraindication 4: \_\_\_\_\_

\_\_\_\_\_

Contraindication 5: \_\_\_\_\_

\_\_\_\_\_

Contraindication 6: \_\_\_\_\_

\_\_\_\_\_



Contraindication 7: \_\_\_\_\_

Contraindication 8: \_\_\_\_\_

Contraindication 9: \_\_\_\_\_

Contraindication 10: \_\_\_\_\_

b. Explain the **FIVE** benefits of heating the face.

Benefit 1: \_\_\_\_\_

Benefit 2: \_\_\_\_\_

Benefit 3: \_\_\_\_\_

Benefit 4: \_\_\_\_\_

Benefit 5: \_\_\_\_\_

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c. Discuss **FIVE** benefits of a face care treatment.

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**Question 5**

**C-3 (6 marks)**

a. Describe the procedure of a face massage.

Effleurage face and neck (x3): \_\_\_\_\_

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Pinching movement on chin: \_\_\_\_\_

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Rotation around nostril area: \_\_\_\_\_

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Friction over the nose: \_\_\_\_\_

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Pinching and circling around the eyes: \_\_\_\_\_

\_\_\_\_\_

Petrissage over the forehead: \_\_\_\_\_

\_\_\_\_\_

Vibrations over the forehead: \_\_\_\_\_

\_\_\_\_\_

Rolling and stroking the cheeks: \_\_\_\_\_

\_\_\_\_\_

Tapotement over the face and neck: \_\_\_\_\_

\_\_\_\_\_

Effleurage over the face and neck: \_\_\_\_\_

\_\_\_\_\_

b. Explain **FOUR** benefits of a face massage.

Benefit 1: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Benefit 2: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Benefit 3: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Benefit 4: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

***This question continues on next page.***



**References used in presenting answers:**

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## SECTION B – PRACTICAL

### Background information

- In this task you are going to be assessed on carrying out a facecare treatment on a student or client.
- The teacher will instruct you on how to select the model/student before the assessment of this criteria.
- Students are to bring with them a Consultation Form and Record Card.
- Students are to choose the appropriate face care products for their client/model's skin type.
- Students are to carry out the face care treatment with the correct massage sequence.

### Question 1

**A-5 (10 marks)**

- a. Demonstrate a consultation prior to a face care treatment on a client.
- b. Perform a superficial cleanse followed by a skin analysis on a client.
- c. Perform the appropriate face care treatment on a client including after-care advice.

No marks will be awarded unless all appropriate PPE are used and Health and Safety Practices are strictly abided to.