****

**Critical reflection template**

|  |  |  |  |
| --- | --- | --- | --- |
| **Year:** | | **Semester:** | |
| **Date/Period:** | | **Course:** | |
| **Name of Student:** | | | |
| **Evidenced by (if any) name and surname:** | | | |
| **Position:** | **Entity:** | | **Contact details:** |
|  | | | |
| Write a brief overview of the learning experience | | | |
| What was the envisaged / predicted/ expected learning from experience / opportunity, in relation to your personal growth or/ and your development as a student nurse?   * Highlight the main learning goals/ opportunities * How did you plan to attain such goals? * Who supported you in identifying these goals? | | | |
| Write about the **actual** learning which you experienced. | | | |
| Upon reflection, do you think that the envisaged learning was achieved? How did this experience enable or enhance your learning?   * How did you meet your learning goals? * What helped you to learn? | | | |
| Critically evaluate your learning in view of the following pillars of optimal nursing care delivery; promoting safe and effective practice, ensuring patient safety, practising professionalism and fostering trust in professional work and relationships. | | | |
| Points for further critical reflection:  Identify 2 - 3 areas of learning you need to focus. Explain clearly why.  and/or  Identify 2 - 3 questions that you need to discuss with your mentor/ tutor/ link lecturer. Explain clearly why. | | | |