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**Critical reflection template**

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| **Year:** | **Semester:** |
| **Date/Period:** | **Course:** |
| **Name of Student:** |
| **Evidenced by (if any) name and surname:** |
| **Position:** | **Entity:** | **Contact details:** |
|  |
| Write a brief overview of the learning experience  |
| What was the envisaged / predicted/ expected learning from experience / opportunity, in relation to your personal growth or/ and your development as a student nurse? * Highlight the main learning goals/ opportunities
* How did you plan to attain such goals?
* Who supported you in identifying these goals?
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| Write about the **actual** learning which you experienced. |
| Upon reflection, do you think that the envisaged learning was achieved? How did this experience enable or enhance your learning? * How did you meet your learning goals?
* What helped you to learn?
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| Critically evaluate your learning in view of the following pillars of optimal nursing care delivery; promoting safe and effective practice, ensuring patient safety, practising professionalism and fostering trust in professional work and relationships.  |
| Points for further critical reflection:Identify 2 - 3 areas of learning you need to focus. Explain clearly why.and/orIdentify 2 - 3 questions that you need to discuss with your mentor/ tutor/ link lecturer. Explain clearly why. |