

SWB5005: Systematic Approaches to Understanding mental Wellbeing of Children, Year , 10ECTS

Prof. Angela Abela (co-ordinator)

Christmas Recess:20 December 2024 – 5 January 2025

Exam Session Semester 1: 20 January – 7 February 2025

Easter Recess between: 14 April – 27 April 2025

Examination Session Semester 2: 2 June – 27 June 2025

Date	Title of Lecture	Time	Contact hours	Name of Lecturer	Delivering of Lectures
Tuesday 8 Oct 2024	Introduction to the Study Unit Conceptual Framework for Understanding Child and Adolescent Mental Wellbeing	5.00 -6.00 6.00 -8.00	3	Prof Angela Abela	GW311
	Parenting and Wellbeing				
Wednesday 16 Oct 2024	The Perinatal period	5.30 -7.30pm	2	Charlene Aquilina	Remote
Wednesday 23 Oct 2024	The Early years & Middle Childhood	5.30 -7.30pm	2	Charlene Aquilina	Remote
Wednesday 30 Oct 2024	Adolescence	5.30 - 7.30pm	2	Charlene Aquilina	Remote
	Children living in vulnerable families				
Tuesday 5 Nov 2024	Children living in the context of domestic violence	5.30-8.30pm	3	Dr Clarissa Sammut Scerri	Remote
Tuesday 12 Nov 2024	Children living in families where there is abuse	5.30-7.30pm	2	Prof Angela Abela	In person
Tuesday 19 Nov 2024	Children living in families where there is abuse	5.30-7.30pm	2	Prof Angela Abela	In person

Tuesday 26 Nov 2024	Looked after children and mental wellbeing	5.30 -7.30pm	2	Melissa Mifsud	Remote
	Mental health and schools				
Tuesday 3 Dec 2024	Children exhibiting mental health problems in schools	5.30 -7.30pm	2	Kylie Poppe	In person
Tuesday 10 Dec 2024	The relationship between the family and the school including the voice of parents and children	5.30 -7.30pm	2	Kylie Poppe	Remote
Tuesday 17 Dec 2024	The mental health needs of children in post secondary educ (16-18)	5.30- 7.30pm	2	Claire Abela	In person
	Changing Family Forms and their impact on child well being				
Tuesday 7 Jan 2025	The impact of separation and divorce on the wellbeing of children	5.30-7.30pm	2	Claire Casha	remote
Tuesday 14 Jan 2025	Lone Parent Families and Children's Wellbeing	5.30 -7.30pm	2	Claire Casha	remote
Tuesday 11 Feb 2025	Child wellbeing in the context of adoption and fostering	5.30 -8.30pm	3	Clarissa Sammut Scerri	Remote
Tuesday 18 Feb 2025	Traditional Families and Children's Wellbeing	5.30-7.30pm	3	Allison Zammit Said	remote
Tuesday 25 Feb 2025	Blended families and children's wellbeing	5.30 – 7.30pm	2	Allison Zammit Said	remote
Tuesday 4 March 2025	LGBTIQ Families	5.30 -7.30pm	2	Colette Farrugia Bennett	Remote
	Digitalisation and child wellbeing				
Wednesday 12 March 2025	Digitalisation and mental wellbeing of children and adolescents	5.30-8.30pm	3	Dr Lorleen Farrugia	Remote

	Quality of Life and Child Wellbeing				
Tuesday 18 March 2025	Food intake, eating disorders and obesity	5.30 -7.30pm	2	Maria Gilson	Remote
Tuesday 25 March 2025	Physical Exercise and Sports and Wellbeing	5.30 -7.30pm	2	Dr Adele Muscat	In person
Tuesday 1 April 2025	The impact of the environment on Child and Adolescent wellbeing	5.30-7.30pm	2	Dr Sam Aquilina	In person
Tuesday 8 April 2025	Conclusion	5.30-7.30pm	2	Prof Angela Abela	Remote