



**L-Università ta' Malta**

Institute for Physical  
Education & Sport

*IPES Monthly Continuous Professional Development Seminars on PE and Sport-related fields to develop a more qualified workforce.*

Date	Time	Topic	Speaker
Monday 19 <sup>th</sup> February 2024	6-8pm	Supporting coaches in the challenges they face.	Dr Adele Muscat
Wednesday 13 <sup>th</sup> March 2024	6-8pm	'Same Same But Different'. Join the Conversation on Inclusive Physical Education and Sport.	Dr Lara Tonna Grima
Wednesday 17 <sup>th</sup> April 2024	6-8pm	Why are youths not able to move as well as they should be? An in-depth look into how to develop correct movement biomechanics for performance and injury prevention.	Dr Danica Bonello Spiteri
Wednesday 22 <sup>nd</sup> May 2024	6-8pm	Using Participatory Research to have the voice of Physical Education students heard.	Ms Anna Maria Gatt

All seminars will be held at the Institute for Physical Education and Sport, University of Malta, Msida.

*For more information contact IPES Admin on [ipes@um.edu.mt](mailto:ipes@um.edu.mt)*